



# Course Outline

## Teambuilding:

### Getting Everyone to Pull in the Same Direction (For Team Leaders)

Minimum and Maximum Learners: 06-16      Duration: One Day      Timings: 10:00 – 16:30

#### Suitable for

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All team leaders and line managers wishing to develop a positive, effective teamwork culture and ensure they get the best from each team member, releasing individual and team potential.

#### Aim

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To provide team-leaders with the knowledge and skills to ensure their team is pulling together in the same direction. You will develop skills to ensure your team isn't just functioning – it will be reaching maximum performance.

#### Learning Outcomes

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By the end of the course, you will be able to:

- ➔ **Compare** management and leadership skills and contrast a group and a team when working with teams.
- ➔ **Identify** commonalities and differences between each member of your team and their impact on teamwork.
- ➔ **Explain** the different ways in which individuals may perceive and experience change.

- ➔ List ways of developing trust within teams.
- ➔ Assess your own communication style and Belbin Team Roles and how these can impact on team dynamics.
- ➔ Recognise the “Five Dysfunctions of a Team” approach and how to deal with them.
- ➔ Construct a teambuilding plan for moving forward.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, ‘brain-friendly’ methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You’ll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

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- ➔ Coaching Skills for Managers
- ➔ Dealing with Difficult Behaviour and Situations in the Workplace
- ➔ Interpersonal Communication Skills
- ➔ Leadership Skills to Empower and Inspire (3 Days)
- ➔ Managing Change
- ➔ Managing Workplace Bullying
- ➔ Motivating Staff for Peak Performance
- ➔ Protecting Client Confidentiality and Professional Boundaries
- ➔ Resolving Differences and Conflict
- ➔ Support and Supervision II: Taking Your Supervision to the Next Level (2 Days)
- ➔ Time Management II: In-depth Tools and Skills for Effectiveness and Efficiency (2 Days)

