



Course Outline

Motivating Staff for Peak Performance

Minimum and Maximum Learners: 06-16 Duration: One Day Timings: 10:00 – 16:30

Suitable for

Those who line-manage staff who wish to maintain staff morale and motivation through good times and bad to ensure everyone reaches their full potential.

Aim

To provide managers with an overview of motivation theory and practical strategies and tools for motivating team members during good and difficult times and within the context of limited funds. You will explore ways of supporting staff to achieve maximum performance.

Learning Outcomes

By the end of the course, you will be able to:

- ✔ **List** the signs and symptoms of de-motivation.
- ✔ **Describe** and implement key motivation theories (including Hertzberg and Maslow).
- ✔ **Outline** strategies for effectively handling demotivated staff.
- ✔ **List** ways of making work fun and engaging.
- ✔ **Use** active listening and questioning techniques to explore what motivates others.
- ✔ **Give** effective feedback about performance and tools for goal setting.
- ✔ **Use** the Motivation Challenge –share your workplace motivation challenges and ideas for resolving them.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

- ➔ Assertiveness II: Assertiveness and Me in Action (2 Days)
- ➔ Coaching Skills for Managers
- ➔ Dealing with Difficult Behaviour and Situations in the Workplace
- ➔ Internal Communication – Don't hear it on the Grapevine
- ➔ Leadership Skills to Empower and Inspire (3 Days)
- ➔ Managing Absence and Presenteeism in the Workplace
- ➔ Managing Change
- ➔ Managing Mental Health and Wellbeing in the Workplace
- ➔ Managing Volunteers
- ➔ Resolving Differences and Conflict
- ➔ Support and Supervision II: Taking Your Supervision to the Next Level (2 Days)
- ➔ Teambuilding – Getting Everyone to Pull in the Same Direction
- ➔ Time Management II: In-depth Tools and Skills for Effectiveness and Efficiency (2 Days)
- ➔ Turning Your Organisation's Vision, Mission and Values into Day-to-Day Practice with your Staff and Volunteer Behaviours

