



# Course Outline

## EDI: Learning Disability Awareness

Minimum and Maximum Learners: 06 - 16    Duration: One Day    Timings: 10:00 - 16:30

### Suitable for

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Any staff who have **already attended** 'EDI: An Introduction to Equality, Diversity and Inclusion' training. This course helps you build confidence when working with disabled people. You'll learn about common barriers, practical ways to make services accessible, and strategies to include everyone.

### Aim

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To provide knowledge and skills for reaching beyond differences towards valuing diversity of all kinds. This course helps you understand learning disabilities and how to support people effectively. You'll learn about common barriers, practical ways to make services accessible, and strategies to include everyone.

### Learning Outcomes

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By the end of the course, you will be able to:

- ✔ **Explain** what learning disabilities are and how they are different to autism, learning difficulties and other conditions.
- ✔ **Separate** myths from facts about learning disabilities and autism.
- ✔ **Compare** the medical model and social model of disability.
- ✔ **Identify** common fears about working with people with learning disabilities and how to overcome them.
- ✔ **List** the main UK laws and policies about learning disability.

- ✔ **Recognise** social attitudes towards learning disability - common assumptions and labelling.
- ✔ **Recognise** common assumptions, stereotypes, and stigma about learning disability.
- ✔ **Use** inclusive language in written and spoken communication.
- ✔ **Complete** an EDI/Accessibility Audit and identify areas for potential development.
- ✔ **Demonstrate** ways to make communication accessible (e.g., easy-read, alternative formats).
- ✔ **Explain** why accessible information is a legal and ethical requirement.
- ✔ **Describe** the Engagement Ladder and distinguish between consultation, engagement, participation, and co-production.
- ✔ **Practice** strategies for supporting colleagues and clients with learning disabilities in everyday situations.
- ✔ **Explain** the importance of reasonable adjustments and give examples.
- ✔ **Describe** how technology and assistive tools can support inclusion.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

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- ➔ Basic Counselling Skills: For Those Providing Peer Support to Others (2 Days)
- ➔ Co-Production: Working Towards Genuine Inclusion
- ➔ Dementia: Normal Ageing, The Brain and Dementia Awareness
- ➔ Experts By Experience I: Getting Started
- ➔ Experts By Experience II: Getting Your Voice Heard to Influence Policymakers and Service Development (2 Days)
- ➔ Experts By Experience III: Magical Presentations - Sharing and Presenting Your Story (2 Days)
- ➔ Loss and Bereavement (2 Days)
- ➔ Management Skills for New/First-time Managers
- ➔ Managing Grievances and Discipline in the Workplace
- ➔ Managing Volunteers
- ➔ Mental Health Awareness
- ➔ Mindfulness Matters: Finding Calm in a Busy World
- ➔ Peer Support: A Foundation Course for Providing Peer Support to Others (3 Days)
- ➔ Personalisation – An Introduction for Front-line Staff
- ➔ Personalisation – Managers’ Perspectives
- ➔ Promoting Older People’s Mental Health
- ➔ Protecting Client Confidentiality and Professional Boundaries
- ➔ Putting the Person First: Creating Person-Centred Care Plans with Clients
- ➔ Resolving Differences and Conflict
- ➔ Support and Supervision I: Good Practice When Supervising Others

