



# Course Outline

## Dementia: "Changing Rooms" - Creating a Dementia-friendly Environments

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

### Suitable for

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- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

### Aim

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To understand how the physical care environment can affect the person with dementia, their communication and behaviour. You will evaluate your care-setting design against good practice and identify practical, affordable improvements.

### Learning Outcomes

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By the end of the course, you will be able to:

- ☑ **Review** your current attitudes, skills and knowledge about dementia.
- ☑ **Explain** the impact of dementia upon the perception of the environment and behaviour of a person with dementia.
- ☑ **Outline** the key design principles that ensure care-settings are dementia-friendly (e.g. safety, light and noise).
- ☑ **Explain** what a dementia-friendly environment **looks, sounds and feels** like.

- ✔ **Discuss** how well-designed dementia care-settings can support person-centred care.
- ✔ **Use** assistive technology and telecare to promote quality of life and independence.

- ✔ **Recognise** the value of gardens/outdoor spaces and making them dementia-friendly.
- ✔ **Use** an environment checklist to evaluate the dementia-friendliness of your care-setting and opportunities for future development.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

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- ➔ Dementia: Acute Care Perspectives
- ➔ Dementia: Making the Most of Mealtimes
- ➔ Dementia: Balancing Rights, Choice and Risk
- ➔ Dementia: Minimising Restraint and Managing Risk in Dementia Care
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole-Team Approach

