



# Course Outline

## Dementia: Precious Moments - Reminiscence Work in Dementia Care

Minimum and Maximum Learners: 06 - 16    Duration: One Day    Timings: 10:00 - 16:30

### Suitable for

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All health and social care professionals who work with people with dementia, in particular:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

### Aim

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To build upon basic dementia knowledge/skills and focus on different types of restraint, relevant legislation and impact on care practice. You will discuss strategies for risk assessment, enabling positive risk-taking whilst minimising restraint.

### Learning Outcomes

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By the end of the course, you will be able to:

- ✓ **Review** your current attitudes, skills and knowledge about dementia.
- ✓ **Recognise** the value of reminiscence and life history work within dementia care.
- ✓ **Compare** different methods for recording and celebrating life history such as memory boxes and life history books.

- ✔ **Explain** the importance of involving family and 'significant others' in reminiscence work.
- ✔ **Explain** the importance of consent issues and **identify** other ethical issues in reminiscence work

- ✔ **Use** life history and reminiscence within the context of providing care, activity work and care planning.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

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- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: "Changing Rooms" - How the Care Environment Impacts on Care
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Dementia: Social Work Perspectives
- ➔ Dementia: "Who do you see? See Me!" Life History Work in Dementia Care

