



Course Outline

Dementia: Supporting Relatives and Significant Others

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All health and social care professionals who work with people with dementia, in particular:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

Aim

To understand the experiences and needs of relatives and significant others affected by dementia. You will develop strategies for responding appropriately to the needs of carers in your care-setting.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ **Review** your current attitudes, skills and knowledge about dementia.
- ✓ **Recognise** the physical, psychological and emotional impact on relatives looking after a person with dementia.
- ✓ **Identify** with and build positive relationships with relatives/significant others who support people with dementia.
- ✓ **Assess** the specific support needs of carers.

- ✔ **Respond** sensitively to the changing losses/stresses experienced by relatives/significant others as dementia progresses.
- ✔ **Describe** the grief/loss model and explain how this explains the responses of relatives.

- ✔ **Select** strategies to encourage carers to be involved in care planning and give feedback about services.
- ✔ **Discuss** specific issues you face in working with relatives' needs and strategies to deal with them.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Dementia: "Changing Rooms" - How the Care Environment Impacts on Care
- ➔ Dementia: Social Work Perspectives
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: "Who do you see? See Me!"
- ➔ Dementia: Precious Moments - Life History Work in Dementia Care
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia

