



Course Outline

Dementia: Person-Centred Care Skills

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All health and social care professionals who work with people with dementia, in particular:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

Aim

To discuss person-centred care (PCC) approaches in dementia care-settings. You will consider potential benefits for clients, relatives, "significant others," staff and your organisation. You will identify opportunities for including PCC principles in your day-to-day care practice.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ **Review** your current attitudes, skills and knowledge about dementia.
- ✓ **Compare** and contrast task-centred and person-centred care.
- ✓ **Explain** person centred care principles, philosophy and concepts (e.g. well-being, ill-being; occupation and enablement).

- ✔ **Use** Well-being and Ill-being profiles and review care planning.
- ✔ **Distinguish** between personal enhancers and personal detractors when working with people with dementia.
- ✔ **List** barriers to giving person-centred care and strategies to overcome them.
- ✔ **Demonstrate** person-centred care skills.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

- ➔ Dementia: "Changing Rooms" - How the Care Environment Impacts on Care
- ➔ Dementia: "Who do you see? See Me!" Life History Work in Dementia Care
- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Leadership to Inspire and Promote Quality Dementia Care (3 Days)
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: Music, The Brain and Dementia
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Dementia: Social Work Perspectives

