



Course Outline

Dementia: "Who do you see? See Me!" Life History Work in Dementia Care

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

Aim

To recognise the important role that life history work can play in supporting people with dementia and improving care. You will discover tools and strategies for effective life story work.

Learning Outcomes

By the end of the course, you will be able to:

- ✔ **Review** your existing attitudes, knowledge and skills about dementia.
- ✔ **Outline** a range of communication techniques for engaging with people with dementia.
- ✔ **Recognise** the value of life history and reminiscence within older people's care.
- ✔ **List** the key areas and themes that can be explored during life history work.
- ✔ **Compare** different methods of recording life history.
- ✔ **Outline** the importance of involving family carers in life history and reminiscence work.

✔ **Explain** the importance of consent, confidentiality and other ethical issues in life history work.

✔ **List** ways of using life history when supporting people with tasks of daily living.

✔ **Demonstrate** the use of life history and reminiscence work as part of care and activity planning.

Benefits of Attending

✔ Feel confident and ready to put your learning into practice.

✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.

✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

✔ Dementia: Communicating and Engaging with People with Dementia

✔ Dementia: Acute Care Perspectives

✔ Dementia: Late-Stage Dementia and End-of Life Care

✔ Dementia: Making the Most of Mealtimes

✔ Dementia: Managing Restraint and Managing Risk in Dementia Care

✔ Dementia: Music, the Brain and Dementia

✔ Dementia: Person-centred Care Skills

✔ Dementia: Promoting Activity – A Whole-Team Approach

