



# Course Outline

## Dementia: Supporting LGBT+ People and their Specific Needs

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

### Suitable for

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

### Aim

To explore the specific needs that older LGBT+ people with dementia may have and good practice when caring for this specific group.

### Learning Outcomes

By the end of the course, you will be able to:

- ✔ **Review** your current attitudes, skills and knowledge about dementia.
- ✔ **Recognise** how the experiences of older LGBT+ people may create barriers to accessing care and how they can feel 'forced back into the closet.'
- ✔ **Describe** the specific challenges faced by LGBT+ people living with dementia.
- ✔ **Summarise** the basics of HIV, its history and how these impact on older LGBT+ people (including HIV-related dementia).
- ✔ **Explain** of how past experiences may influence the behaviour of LGBT+ people and their behaviour.
- ✔ **Recognise** the importance of confidentiality, professional boundaries

and ethical issues when support LGBT+ people with dementia.

- ✔ **Identify** the why, who, where, when, what and how of being more LGBT inclusive.

- ✔ **Develop** a strategy for supporting LGBT+ people with dementia in the future.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

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- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: Person-centred Care Skills
- ➔ Dementia: Person Centred Activity Planning (including the use of PAL - the Pool Activity Level)
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia
- ➔ Dementia: "Who do you see? See Me!" Life History Work in Dementia Care
- ➔ HIV Awareness

