



Course Outline

Dementia: Balancing Rights, Choice and Risk

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All health and social care professionals that work with people with dementia.

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Housing Staff
- Residential care staff
- Team Leaders and Managers

Completion of Dementia Awareness training within the last two years is required before attendance.

Aim

To build on your dementia awareness and explore why balancing rights, choice and risk is essential in dementia care. Learn how mental capacity and human rights laws affect everyday practice.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ **Review** your current attitudes, skills and knowledge about dementia.
- ✓ **Explain** the advantages and disadvantages of enabling a person with dementia to make choices.
- ✓ **Define** risk, risk assessment, and risk management, and explain their relevance to dementia care.

✔ **Outline** key legislation and policy (e.g., Human Rights Act, Mental Capacity Act (and Amendment 2019), Liberty Protection Safeguards, Care Act, Mental Health Act, Equality Act).

✔ **Recognise** how dementia affects decision-making and identify safeguards that need to be in place.

✔ **Discuss** the impact of rights, choice and risk within your care-setting.

✔ **Apply** practical strategies to balance rights, choice, and risk in real-world scenarios.

Benefits of Attending

✔ Feel confident and ready to put your learning into practice.

✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.

✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

➔ Dementia: Behaviour – A Challenge or a Gift?

➔ Dementia: Communicating and Engaging with People with Dementia

➔ Dementia: Minimising Restraint and Managing Risk in Dementia Care

➔ Dementia: Person-centred Care Approaches

➔ Dementia: Promoting Dignity in Dementia Care

➔ Dementia: Sexuality and Relationships

