



Course Outline

Putting the Person First:

Creating Person-Centred Care Plans with Clients

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All health and social care professionals who want to follow good practice in creating person-centred care plans for the people they support, including:

- Day care staff
- Domiciliary care staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers
- Voluntary Sector Staff/Volunteers
- Housing Sector Staff

Aim

To offer a good practice framework and practical tips for writing person-centred care plans. You will recognise the importance of effective care planning that makes the client central to this process.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ **Recognise** the purpose and importance of good record keeping and person-centred care plans.
- ✓ **Explain** why care plans need to focus on people's abilities and strengths in order to promote dignity, choice and independence.

- ✔ **Outline** the legal and policy context of care plans and report writing.
- ✔ **Describe** how effective care-planning can be used as an effective tool to promote person-centred care.
- ✔ **Use** strengths-focused and inclusive language in care plans.

- ✔ **List** the potential contents of person-centred care plans that reflect needs, likes/dislikes, life history and future goals.
- ✔ **Reflect** on your own practice and create an action plan for moving forward.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

- ➔ Dementia: Normal Ageing, Brain Change and Dementia Awareness
- ➔ Dementia: Person-centred Care Perspectives
- ➔ Dementia: Promoting Dignity in Dementia Care
- ➔ EDI: An Introduction to Equality, Diversity and Inclusion (Frontline Staff and Volunteers)
- ➔ EDI: Disability Awareness
- ➔ EDI: Learning Disability Awareness
- ➔ Personalisation – An Introduction for Front-line Care Staff

- ➔ Promoting Well-being and Independence in Older People's Care
- ➔ Protecting Client Confidentiality and Professional Boundaries



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