



Course Outline

Personalisation: An Introduction for Front-line Staff

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All health and social care professionals who wish to better understand the Personalisation Care agenda and what it means for them, their clients and relatives/carers.:

- Day care staff
- Domiciliary care staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers
- Voluntary Sector Staff/Volunteers
- Housing Sector Staff

Aim

To provide an overview of Personalisation and how staff can implement its principles in their care practice. You will consider how to promote self-care and self-management in your care-setting

Learning Outcomes

By the end of the course, you will be able to:

- ✔ **Define** self-care and self-management.
- ✔ **List** the key 7 core principles and values that underpin Personalisation.
- ✔ **Recognise** the fears and expectations of clients and care staff regarding the new Personalisation agenda.
- ✔ **Identify** the skills/qualities needed by staff working in the new personalisation era when supporting clients.
- ✔ **Describe** the key principles of person-centred care when supporting individuals as a personal assistant.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

- ➔ Dementia: Person-centred Care Approaches
- ➔ Dementia: Promoting Dignity in Care
- ➔ EDI: An Introduction to Equality, Diversity and Inclusion (Frontline Staff and Volunteers)
- ➔ Meeting the Care Needs of Older LGBT People
- ➔ Personalisation – Managers' Perspectives
- ➔ Promoting Well-being and Independence in Older People's Care
- ➔ Putting the Person First – Creating Person-centred Care Plans with Clients

