



# Course Outline

## Meeting the Care Needs of Older LGBT+

### People

Minimum and Maximum Learners: 06 - 16    Duration: One Day    Timings: 10:00 - 16:30

### Suitable for

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All health and social care professionals who work with older LGBT+ People (lesbian, gay, bisexual and transgender) – whether they are aware of this or not, including:

- Day care staff
- Domiciliary care staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers
- Voluntary Sector Staff/Volunteers
- Housing Sector Staff

### Aim

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To offer an overview of older LGBT+ people's experiences over the last fifty years. You will consider how these may affect individuals, their needs and how to provide appropriate care and support.

### Learning Outcomes

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By the end of the course, you will be able to:

- ✔ **Describe** the impact of social and political changes during the last fifty years on the lives of older LGBT+ people.
- ✔ **Explain** the kinds of stigma and discrimination that older LGBT+ people may have experienced.
- ✔ **Recognise** how our own attitudes towards sexuality may impact upon clients in our care.



- ✔ **Assess** the needs of partners and friends when an LGBT+ person moves into care.
- ✔ **Respond** effectively to prejudiced comments/behaviour from other residents, service users or colleagues.

- ✔ **Use** an audit to evaluate how LGBT+ inclusive your service is and identify areas for development.
- ✔ **Create** an action plan for practical changes within your service to ensure it is more LGBT+ inclusive.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

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- ➔ Basic Counselling Skills for Health and Social Care Professionals (2 Days)
- ➔ Dementia: IntoMeSee: Intimacy, Sexuality and Relationships
- ➔ Dementia: Normal Ageing, Brain Change and Dementia Awareness
- ➔ Dementia: Supporting LGBT+ People with Dementia
- ➔ EDI: Gender Identity and Gender Diversity Awareness
- ➔ HIV Awareness
- ➔ Loss and Bereavement (2 Days)

