



# Course Outline

## HIV Awareness

Minimum and Maximum Learners: 06 - 16    Duration: One Day    Timings: 10:00 - 16:30

### Suitable for

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All health and social care professionals who work with clients living with or affected by HIV/AIDS:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers

### Aim

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To give a basic overview of HIV/AIDS including epidemiology, transmission and testing issues. You will develop appropriate attitudes, skills and knowledge and strategies for effectively supporting people with HIV/ AIDS.

### Learning Outcomes

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By the end of the course, you will be able to:

- ✔ **Describe** the difference between HIV and AIDS and their prevalence within the UK and worldwide.
- ✔ **List** the ways in which HIV is and is not transmitted.
- ✔ **Describe** how the risks of HIV transmission can be reduced and explain the term '*undetectable equals untransmittable.*'
- ✔ **List** the advantages and disadvantages of HIV testing.
- ✔ **Explain** the impact of an HIV diagnosis on the person and their carer and loved ones.
- ✔ **Use** a range of strategies for supporting people with HIV/AIDS.

## Benefits of Attending

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- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

## Training Style

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This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

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- ➔ EDI: An Introduction to Equality, Diversity and Inclusion (Frontline Staff and Volunteers)
- ➔ EDI: Disability Awareness
- ➔ HIV in the Workplace
- ➔ HIV, Stigma and Mental Health
- ➔ Meeting the Care Needs of Older LGBT+ People
- ➔ Mental Health Awareness
- ➔ Protecting Client Confidentiality and Professional Boundaries

