



Course Outline

Co-Production: Principles, Practice and Impact

Minimum and Maximum Learners: 06 - 16 Duration: One Day Timings: 10:00 - 16:30

Suitable for

All those working in health and social care wishing to develop collaborative approaches and genuine inclusion for improving wellbeing and service delivery.

Aim

To explore co-production as a collaborative approach where professionals and people with "lived experience" (service users, carers, communities) work as equal partners to design, deliver, and evaluate services.

Learning Outcomes

By the end of the course, you will be able to:

- ✔ **Define** co-production in the context of UK health, social care, and community services, and explain its aims and ambitions.
- ✔ **Describe** the Engagement Ladder and distinguish between consultation, engagement, participation, and co-production.
- ✔ **Identify** key UK legislation, guidance, and frameworks that underpin co-production (e.g., Care Act 2014, NHS Long Term Plan).
- ✔ **Recognise** everyone's vital expertise to achieve better outcomes, shifting from top-down service provision to shared power and decision-making for more effective and person-centered solutions.

- ✔ **Explain** the core principles of co-production such as equality, reciprocity, and shared decision-making, and recognise its benefits for individuals, organisations, and communities.
- ✔ **Recognise** how co-production supports rights-based and person-centred approaches, and describe what good co-production looks, sounds, and feels like from different perspectives.
- ✔ **Analyse** common barriers and challenges to co-production and outline strategies to overcome them, including building trust and shared ownership.
- ✔ **Use** practical methods and tools (e.g., co-design workshops, appreciative inquiry, participatory decision-making) to implement co-production in projects or organisations.
- ✔ **Discuss** impact measurement and continuous improvement and develop an action plan to embed co-production in your own context.

Benefits of Attending

- ✔ Feel confident and ready to put your learning into practice.
- ✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.
- ✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

➔ Personalisation: An Introduction for Front-line Staff

➔ Putting the Person First: Creating Person-Centred Care Plans with Clients

