Teambuilding – Getting Everyone to Pull in the Same Direction

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Suitable for

All team leaders and line-managers who wish to develop a positive, effective teamwork culture and ensure they get the best from each team member releasing individual and team potential.

Aim

To provide team-leaders with the knowledge and skills to ensure their team is pulling together in the same direction. You will develop skills to ensure your team isn't just functioning – it will be reaching maximum performance.

Learning Outcomes

By the end of the course, you will be able to:

- Compare management and leadership skills when working with teams
- ☑ Identify commonalities and differences between each member of your team and their impact on teamwork
- Explain the different ways in which individuals may perceive and experience change

You will also leave the course with:

- A sense of achievement
- A toolkit of techniques and practical ideas for releasing your potential

- List ways of developing trust within teams
- Assess own communication styles and Belbin Team Roles how these can impact on team dynamics
- Use communication and feedback skills effectively to develop performance and team cohesion
- A Personal Action Plan to take your learning further

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a '**Bonus Pack**' after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. ('email required)

Other Courses to consider (Visit my website for details of these and other courses)

- Assertiveness in the Workplace (2 Days)
- Coaching Skills for Managers
- Decision-Making and Problem-Solving Tools and Techniques
- International Communication Don't hear it on the Grapevine
- Leadership Skills to Empower and Inspire

- Managing Change
- Mentoring Skill
- Motivating Staff for Peak Performance
- NLP in the Workplace
- Resolving Differences and Conflict
- Supervision and Support
- The Skills of Chairing Meetings



learning and development

"It was helpful to think how our organisation mission and values can be used to motivate my team and improve performance...

Good to be able to reflect on how I work with my team and share ideas for taking things forward."

> Course Participant Arthritis Care

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