

Motivating Staff for Peak Performance

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



Suitable for

Those who line-manage staff who wish to maintain staff morale and motivation during through good times and bad to ensure everyone reaches their full potential.

Aim

To provide managers with practical strategies and tools for motivating team members during good and difficult times and within the context of limited funds. You will explore ways of supporting staff in order to reach maximum performance.

Learning Outcomes

By the end of the course, you will be able to:

- List the signs and symptoms of de-motivation
- Describe and implement key motivation theories (including Hertzberg and Maslow)
- Outlines strategies for effectively handling de-motivated staff
- List ways of making work fun and engaging
- Use active listening and questioning techniques to explore what motivates others
- Give effective feedback about performance and tools for goal-setting
- Consider the Motivation Challenge – share your workplace motivation challenges and ideas for resolving them

You will also leave the course with:

- A sense of achievement
- A Personal Action Plan to take your learning further
- A toolkit of techniques and practical ideas for releasing your potential

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Decision-Making and Problem-Solving – Tools and Techniques
- ➔ Diversity: Managing Diversity in the Workplace
- ➔ Effective Recruitment and Selection
- ➔ Employment Practice
- ➔ Improving Your Performance through Emotional Intelligence (2 Days)
- ➔ Internal Communication – Don't hear it on the Grapevine
- ➔ Leadership Skills to Empower and Inspire (2 Days)
- ➔ Managing Change
- ➔ Managing Grievances and Discipline in the Workplace
- ➔ NLP in the Workplace (2 Days)
- ➔ Supervision and Support – The Next Level (2 Days)
- ➔ Teambuilding – Getting Everyone to Pull in the Same Direction

Mike Phillips Training

Releasing potential through learning and development

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"I feel motivated myself!!"

I now have an idea of 'what makes people tick' and can apply this with my team to ensure we can move forward together.

An interactive and thought-provoking day"

Course Participant

The Stroke Association

"Good and interesting psychological references, theories and examples.

Course Participant

Samaritans

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website

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