

Dementia: Precious Moments – Reminiscence

Work with People with Dementia



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

Aim

To understand the benefits of using reminiscence in dementia care and promote good practice. You will develop skills and knowledge to effectively use reminiscence in your care-setting.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ Review your current attitudes, skills and knowledge about dementia
- ✓ Recognise the value of reminiscence and life history work within dementia care
- ✓ Compare different methods for recording and celebrating life history such as memory boxes and life history books
- ✓ Explain the importance of involving family and 'significant others' in reminiscence work
- ✓ Be aware of consent issues and identify other ethical issues in reminiscence work
- ✓ Use reminiscence and life history work within the context of activity work and care planning

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: 'Changing Rooms' – How the Care Environment Impacts on Care
- ➔ Dementia: End-of-Life Care
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: Promoting Activity – A Whole-Team Activity
- ➔ Dementia: Sexuality and Relationships
- ➔ Dementia: 'Who do you see? See Me!' Life History Work in Dementia Care

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"Exceptionally good presentation, good group involvement, use of real life examples (via films) and ethnically-specific illustrations."

I can now use reminiscence informally during care tasks as a more structured activity.

Excellent training."

Course Participant

London Borough of Brent

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