

Dementia: Supporting Relatives and Significant Others



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

Aim

To understand the experiences and needs of relatives and significant others affected by dementia. You will develop strategies for responding appropriately to the needs of carers in your care-setting.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ Review your current attitudes, skills and knowledge about dementia
- ✓ Recognise the physical, psychological and emotional impact on relatives looking after a person with dementia
- ✓ Be aware of the needs of those in same-sex relationships and other 'significant others'
- ✓ Identify with and build positive relationships with relatives/significant others who support people with dementia
- ✓ Respond sensitively to the changing losses/stresses experienced by relatives/significant others as dementia progresses
- ✓ Select strategies to encourage carers to be involved in care planning and give feedback about services
- ✓ Discuss specific issues you face in working with relatives' needs and strategies to deal with them

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: End-of-Life Care
- ➔ Dementia: Sexuality and Relationships
- ➔ Dementia: Social Work Perspectives
- ➔ Dementia: 'Who do you see? See Me!'
- ➔ Life History Work in Dementia Care
- ➔ Loss and Bereavement (2 Days)



"After today, I feel that I can help carers through this journey of understanding this condition."

Very good examples and activities to help us reflect upon our practice."

Course Participant

Brent Carers Centre



website

www.mikephillipstraining.co.uk

email

mike@mikephillipstraining.co.uk

phone

07949 826881