

# Dementia: Person-centred Care Approaches

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



## Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers
- Charity staff

## Aim

To discuss person-centred care (PCC) approaches in dementia care- settings. You will consider potential benefits for clients, relatives, 'significant others,' staff and organisations. You will identify opportunities for including PCC principles in your day-to-day care practice.

## Learning Outcomes

By the end of the course, you will be able to:

- Review your current attitudes, skills and knowledge about dementia
- Compare and contrast task-centred and person-centred care
- Explain person centred care principles, philosophy and concepts (e.g. well-being, ill-being; occupation and enablement)
- Use Well-being and Ill-being profiles and review care planning
- Distinguish between personal enhancers and personal detractors when working with people with dementia
- List barriers to giving person-centred care and strategies to overcome them
- Recognise and use effective communication skills for working with people with dementia

You will also leave the course with:

- A sense of achievement
- A Personal Action Plan to take your learning further
- A toolkit of techniques and practical ideas for releasing your potential

## Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Balancing Rights, Choice and Risk
- ➔ Dementia: Promoting Dignity in Dementia Care
- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Supporting Relatives and Significant Others
- ➔ Dementia: End-of-Life Care
- ➔ Dementia: 'Who do you see? See Me!'
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Life History Work in Dementia Care

## Mike Phillips Training

Releasing potential through learning and development



*"Mike was excellent at making the course relevant to us all, even though there was a large variation of professions represented..."*

*"We will try to put the person first at the centre of care and focus on the small things we can do to promote well-being"*

**Course Participant**  
Kent County Council



### website

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