

Dementia: Minimising Restraint and Managing Risk in Dementia Care



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

Aim

To build upon basic dementia knowledge/skills and focus on different types of restraint, relevant legislation and impact on care practice. You will discuss strategies for risk assessment, enabling positive risk-taking whilst minimising restraint.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ Review your current attitudes, skills and knowledge about dementia
- ✓ Define what is meant by 'restraint' and 'managing risk' in dementia and older people's care
- ✓ Differentiate between rights and risks
- ✓ Outline Deprivation of Liberties legislation and policy/procedures
- ✓ Assess and analyse risk within your care-setting
- ✓ Recognise and appropriately respond to issues/ concerns for staff about balancing rights and risks
- ✓ Use strategies for managing risk whilst respecting rights and minimising restraint

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Balancing Rights, Choice and Risk
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Promoting Dignity in Dementia Care
- ➔ Dementia: 'Changing Rooms' – How the Care Environment Impacts on Care



"Very interesting."

One of the best training courses I've been on.

The facilitator really makes you think about what it would be like to have dementia."

Course Participant

London Borough of Brent

"I found the trainer very good – we learned a lot but I had fun doing it."

Good to discuss positive risk-taking and giving our service-users more freedom and choice."

Course Participant

Outlook Care



website

www.mikephillipstraining.co.uk

email

mike@mikephillipstraining.co.uk

phone

07949 826881