

Dementia: 'Who do you see? See Me!'

Life History work in Dementia Care



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

Aim

To recognise the important role that life history work can play in supporting people with dementia and improving care. You will discover tools and strategies for effective life story work.

Learning Outcomes

By the end of the course, you will be able to:

- Review your current attitudes, skills and knowledge about dementia
- Outline a range of communication techniques for engaging with people with dementia
- Recognise the value of life history and reminiscence within older people's care
- Compare different methods of recording life history
- Explain the importance of involving family carers in reminiscence work
- Be aware of consent and ethical issues in life history work
- List ways of using life history when supporting people with tasks of daily living
- Use life history work as part of care and activity planning

You will also leave the course with:

- A sense of achievement
- A toolkit of techniques and practical ideas for releasing your potential
- A Personal Action Plan to take your learning further

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: 'Changing Rooms' – How the Care Environment Impacts on Care
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: End-of-Life Care
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: Precious Moments – Reminiscence Work with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole Team Approach

"Mike is a great facilitator.

His personality is very suitable for his role which he does very well

Lots of practical ideas and tips to take away and use.

I liked the suggestions for using life history during day-to-day interactions with people with dementia."

Course Participant

London Borough of Brent

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