

Dementia: 'Changing Rooms' – How the Care Environment Impacts on Care



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers
- Charity staff

Aim

To understand how the physical care environment can affect the person with dementia, their communication and behaviour. You will evaluate your care-setting design against good practice and identify practical, affordable improvements.

Learning Outcomes

By the end of the course, you will be able to:

- Review your current attitudes, skills and knowledge about dementia
- Outline the key design principles that ensure care-settings are dementia-friendly (e.g. safety, light and noise)
- Explain what a dementia-friendly environment looks and feels like
- Discuss how well-designed dementia care-settings can support person-centred care
- Use assistive technology and telecare to promote quality of life and independence
- Recognise the value of gardens/outdoor spaces and making them dementia-friendly
- Assess your care-setting's dementia-friendliness using an environment checklist and identify areas for future development

You will also leave the course with:

- A sense of achievement
- A Personal Action Plan to take your learning further
- A toolkit of techniques and practical ideas for releasing your potential

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ⇒ Dementia: Acute Care Perspectives
- ⇒ Dementia: Making Mealtimes Fun
- ⇒ Dementia: Managing Restraint and Managing Risk in Dementia Care
- ⇒ Dementia: Promoting Activity – A Whole-Team Approach



"Very friendly, informative course. I learnt a lot and can take that away with me."

Good to have practical, inexpensive ideas that we can use for adapting our care environment to make it easier for people with dementia.

Mike made us feel at ease and was easy to understand."

Course Participant

Medway College of Social Care



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