

# Dementia: Behaviour – A Challenge or a Gift?

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



## Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

## Aim

To explore why we find the behaviour of some people with dementia 'difficult' or 'challenging', distinguishing between 'difficult people' and 'difficult behaviours'. You will develop strategies for working more effectively with people with dementia.

## Learning Outcomes

By the end of the course, you will be able to:

- ✓ Review your current attitudes, skills and knowledge about dementia
- ✓ Recognise that it is behaviour instead of people that is 'difficult' and 'challenging'
- ✓ Describe how dementia can influence behaviour
- ✓ List typical behaviours that we may find difficult
- ✓ Appreciate how your own communication and responses to others' behaviour may influence the situation
- ✓ Discuss various approaches to dealing with behaviour we find challenging

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

## Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Balancing Rights, Choice and Risk
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: Minimising Restraint and Managing Risk in Dementia Care
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Dementia: Sexuality and Relationships
- ➔ Dementia: Social Work Perspectives
- ➔ Dementia: 'Who do you see? See Me!' Life History Work in Dementia Care

## Mike Phillips Training

Releasing potential through learning and development



*"Excellent thought-provoking course."*

*The trainer puts thought into individuals' personal feelings, allows them space.*

*Lots of information that I can use at work and in day-to-day life."*

**Course Participant**  
London Borough of Brent

*"Very interesting day, great variety of learning tools..."*

*Quality trainer with lots of knowledge."*

**Course Participant**  
Kent County Council



## website

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