

# Dementia: Balancing Rights, Choice and Risk



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

**Mike Phillips Training**

Releasing potential through learning and development

## Suitable for

All health and social care professionals who work with people with dementia and **have attended Dementia Awareness training within the last two years**, including:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers
- Charity staff

## Aim

To progress from dementia awareness and understand why balancing rights, choice and risk matters in dementia care. You will consider mental capacity and human rights legislation and how this affects day-to-day care practice.

## Learning Outcomes

By the end of the course, you will be able to:

- ✓ Review your current attitudes, skills and knowledge about dementia
- ✓ List the advantages and disadvantages of enabling a person with dementia to make choices
- ✓ Outline relevant legislation and policy (e.g. Human Rights and Deprivation of Liberties Acts)
- ✓ Define risk, risk assessment and risk management and their relevance to people with dementia
- ✓ Recognise the impact of dementia on the decision-making process and implications Mental Capacity legislation
- ✓ Discuss the impact of rights, choice and risk within your care-setting

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

## Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: Person-centred Care Approaches
- ➔ Dementia: Communicating and Engaging with People with Dementia
- ➔ Dementia: Promoting Dignity in Dementia Care
- ➔ Dementia: Minimising Restraint and Managing Risk in Dementia Care
- ➔ Dementia: Sexuality and Relationships

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*"Mike held my attention – clear and concise and made learning enjoyable."*

*"Practical and thought-provoking...it will enable me to support our service-users better"*

**Course Participant**  
Hampshire County Council

*"Fantastic course, enabled me to both learn new things AND think about my own practices when working with people with dementia."*

**Course Participant**  
Kent County Council

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## website

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