

Dementia Awareness

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



Suitable for

All health and social care professionals who work with people with dementia, including:

- Day care staff
- Domiciliary care staff
- Charity staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers

Aim

To give a basic overview of dementia, different types of dementia (signs and symptoms). You will have an overview of key areas including: diagnosis, issues for carers, person-centred care, communication and behaviour.

Learning Outcomes

By the end of the course, you will be able to:

- Describe the normal ageing process and explain how it differs from dementia
- Identify the three main types of dementia and their symptoms
- Explain the principles of person centred care work with people with dementia
- Be aware of the impact of dementia upon communication and behaviour
- Demonstrate good communication with people with dementia

You will also leave the course with:

- A sense of achievement
- A Personal Action Plan to take your learning further
- A toolkit of techniques and practical ideas for releasing your potential

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia: Behaviour – A Challenge or a Gift?
- ➔ Dementia: 'Changing Rooms' - How the Care Environment Impacts on Care
- ➔ Dementia: Making Mealtimes Fun
- ➔ Dementia: Precious Moments - Reminiscence Work with People with Dementia
- ➔ Dementia: Promoting Activity – A Whole-Team Approach
- ➔ Dementia: 'Who do you see? See Me!' Life History Work in Dementia Care
- ➔ Dementia: Leadership Skills to Inspire and Promote Quality Dementia Care (3 Days)

Mike Phillips Training

Releasing potential through learning and development



"Very well presented.

Mike has been a great trainer and kept all present focused throughout the day. Very satisfied with the outcome."

Course Participant

London Borough of Brent

"Emotional and enlightening and will help my work with clients.."

Didn't feel I was doing enough before this training.

Reassuring to realise now that even to make a small amount of time available really matters.

Now I know that I actually do make a difference."

Course Participant

Medway Community Healthcare



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