

# Facilitation Skills: Theory and Practice

Maximum Participants: 16

Duration: Two Days

Timings: 09:30 – 16:30



## Mike Phillips Training

Releasing potential through learning and development

### Suitable for

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Those who have some experience of facilitating groups who wish to develop their skills and share ideas for different techniques and ways of working.

### Aim

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To improve and develop existing facilitation skills, progressing on from the basic theory and practice of facilitation. You will have opportunities to practice your facilitation skills and receive feedback from their peers.

### Learning Outcome

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By the end of the course, you will be able to:

- Review your existing attitudes, skills and knowledge about facilitation
- Explain the emotional responses to change and how these may affect group dynamics and behaviours
- Name and describe a range of facilitation processes/techniques including World Café, Appreciative Inquiry and Participatory Appraisal
- Identify your specific challenges regarding facilitating meetings/events and problem-solve with peers
- Practise facilitating a short session, receive feedback from your peers and identify areas for future development
- Use a toolbox of facilitation tools and techniques within your own facilitated meetings/events in the future

You will also leave the course with:

- A sense of achievement
- A toolkit of techniques and practical ideas for releasing your potential
- A Personal Action Plan to take your learning further

### Training Style

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All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

### Other Courses to consider (Visit my website for details of these and other courses)

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- ➔ Care Matters: Involving and Consulting Clients and Service-users
- ➔ Decision-Making and Problem-Solving – Tools and Techniques
- ➔ Influencing and Persuading Skills
- ➔ Interpersonal Communication Skills
- ➔ NLP in the Workplace (2 Days)
- ➔ Starting Up and Running a Self-help Group and Keeping it Going
- ➔ Teambuilding – Getting Everyone to Pull Together
- ➔ Training Skills: Advanced (2 Days)
- ➔ Training Skills: An Introduction (2 Days)

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*"Using/watching the techniques and the trainer modelling facilitation techniques on the group was really helpful to reinforce the session."*

*"A valuable day... I feel reenergized. Good sharing of ideas and experiences."*

### Course Participant

Contact a Family



### website

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