# The Skills of Chairing Meetings

Maximum Participants: 16

Duration: One Day

Timings: 09:30 - 16:30

Identify common problems in chairing

Use a range of strategies for handling

Assess current meetings and areas

for development

A Personal Action Plan to take your

learning further

difficult behaviour during meetings

and how to deal with them



## Mike Phillips Training

Releasing potential through learning and development

"Mike is a very sensitive trainer

who handles the group

professionally and makes the day enjoyable for everyone...

Really impressed by the content

and Mike's training - and I'm

normally a total training cynic!"

**Course Participant** 

Help for Heroes

# Suitable for

For anyone who is new or experienced in chairing meetings who wishes to reflect good practice and ensure their meetings are effective, efficient and cost-effective.

#### Aim

To consider best meetings practice, mainly from the point of view of the Chair and the Chair's responsibilities throughout a "meeting." You will develop a range of tools and skills for ensuring effective meetings.

#### **Learning Outcomes**

By the end of the course, you will be able to:

- Describe good and bad meetings
- ✓ Outline the 6 Stages of Chairing Meetings and explain the roles and responsibilities of the chair
- ☑ List the key items to be included in terms of reference, agendas and minutes

You will also leave the course with:

- A sense of achievement
- A toolkit of techniques and practical ideas for releasing your potential

### **Training Style**

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a '**Bonus Pack**' after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. ('email required)

Other Courses to consider (Visit my website for details of these and other courses)

- Assertiveness An Introduction
- Decision-Making and Problem-Solving Tools and Techniques
- Effective Report Writing
- Facilitation Skills: An Introduction
- Facilitation Skills: Theory and Practice (2 Days)
- Influencing and Persuading Skills

- Internal Communication Don't hear it on the Grapevine
- Interpersonal Communication Skills
- Managing Change
- Teambuilding Getting Everyone to Pull in the Same Direction
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