



# Putting the Person First – Creating Person-centred Care Plans with Clients

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

**Mike Phillips Training**

Releasing potential through learning and development

## Suitable for

All health and social care professionals who work with older LGBT People – whether they are aware of this or not, including:

- Day care staff
- Domiciliary care staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers
- Voluntary Sector Staff/Volunteers

## Aim

To offer a good practice framework and practical tips for writing person-centred care plans. You will recognise the importance of effective care planning that makes the client central to this process.

## Learning Outcomes

By the end of the course, you will be able to:

- ✓ Recognise the purpose and importance of good record keeping and person-centred care plans
- ✓ Explain why care plans need to focus on people's abilities and strengths in order to promote dignity, choice and independence
- ✓ Be aware of the legal and policy context of care plans and report writing
- ✓ Describe how effective care-planning can be used as an effective tool to promote person-centred care
- ✓ List the potential contents of person-centred care plans that reflect needs, likes/dislikes, life history and future goals
- ✓ Reflect on your own practice and create an action plan for moving forward

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

## Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Care Matters: Protecting Client Confidentiality and Professional Boundaries
- ➔ Dementia Awareness
- ➔ Dementia: Person-centred Care Perspectives
- ➔ Personalisation – An Introduction for Front-line Care Staff
- ➔ Promoting Well-being and Independence in Older People's Care
- ➔ Dementia: Promoting Dignity in Dementia Care



*"A useful day to reflect on how we can improve our workplace practice and procedures."*

*Interactive and fun – kept participants involved...*

*I recommend to this to anybody who works in the social care sector."*

### Course Participant

Knowles House



### website

[www.mikephillipstraining.co.uk](http://www.mikephillipstraining.co.uk)

### email

[mike@mikephillipstraining.co.uk](mailto:mike@mikephillipstraining.co.uk)

### phone

07949 826881