

# Meeting the Care Needs of Older LGBT People



Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30

**Mike Phillips Training**

Releasing potential through learning and development

## Suitable for

All health and social care professionals who work with older LGBT People – whether they are aware of this or not, including:

- Day care staff
- Domiciliary care staff
- Health care assistants
- Nursing staff
- Residential care staff
- Team Leaders and Managers
- Voluntary Sector Staff/Volunteers

## Aim

To offer an overview of older LGBT people's experiences over the last fifty years. You will consider how these may affect individuals, their needs and how to provide appropriate care and support.

## Learning Outcomes

By the end of the course, you will be able to:

- ✓ Describe the impact of social and political changes during the last fifty years on the lives of older LGBT people
- ✓ Recognise the kinds of stigma and discrimination that older LGBT people may have experienced
- ✓ Be aware of how our own attitudes towards sexuality may impact upon clients in our care
- ✓ Assess the needs of partners and friends when an LGBT person moves into care
- ✓ Effectively respond to prejudiced comments/behaviour from other residents, service users or colleagues
- ✓ Devise an action plan for practical changes within your service to ensure it is more inclusive/'LGBT-friendly'.

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

## Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

## Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Dementia Awareness
- ➔ Dementia: End-of-life Care
- ➔ Dementia: Sexuality and Relationships
- ➔ Diversity: Valuing Difference when Working with Others (for front-line staff)
- ➔ Loss and Bereavement (2 Days)
- ➔ Promoting Older People's Mental Health

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*"I've learned that we need to encourage more discussion at work and review care plans with this in mind..."*

*"Thank you for your warmth, humour and ability to play!"*

**Course Participant**  
London Borough of Lambeth

*"All staff should go on this training... a very useful day. Very good course AA++"*

**Course Participant**  
London Borough of Hackney

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## website

[www.mikephillipstraining.co.uk](http://www.mikephillipstraining.co.uk)

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