

# Care Matters: HIV and Women

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



## Mike Phillips Training

Releasing potential through learning and development

### Suitable for

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All health and social care professionals who work with clients living with or affected by HIV/AIDS:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers

### Aim

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To progress from existing HIV/AIDS awareness and focus on specific needs of women living with HIV/AIDS. You will develop further skills and consider how staff can offer appropriate information and support.

### Learning Outcomes

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By the end of the course, you will be able to:

- ✓ Review your current awareness about HIV/AIDS, its prevalence in the UK and HIV transmission
- ✓ Analyse the prevalence of HIV amongst women in the UK and worldwide and its impact
- ✓ Recognise the risks of HIV transmission during pregnancy and how these can be prevented
- ✓ Relate to the specific issues/concerns faced by women living with HIV and their loved ones
- ✓ Provide appropriate support to women living with HIV and their loved ones

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A toolkit of techniques and practical ideas for releasing your potential
- ✓ A Personal Action Plan to take your learning further

### Training Style

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All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (\*email required)

### Other Courses to consider (Visit my website for details of these and other courses)

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- ➔ Care Matters: Basic Counselling Skills
- ➔ Care Matters: Protecting Client Confidentiality and Professional Boundaries
- ➔ Diversity: Valuing Difference when Working with Others (for front-line staff)
- ➔ HIV and Mental Health
- ➔ HIV in the Workplace



*"Mike taught me a lot – particularly about the issues around HIV treatments and women."*

*Thanks for a useful session."*

#### Course Participant

Positively Women



#### website

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