

Care Matters: HIV/AIDS Awareness

Maximum Participants: 16

Duration: One Day

Timings: 09:30 – 16:30



Mike Phillips Training

Releasing potential through learning and development

Suitable for

All health and social care professionals who work with clients with or affected by HIV/AIDS, including:

- Day care staff
- Health care assistants
- Residential care staff
- Domiciliary care staff
- Nursing staff
- Team Leaders and Managers

Aim

To give a basic overview of HIV/AIDS including epidemiology, transmission and testing issues. You will develop appropriate attitudes, skills and knowledge and strategies for effectively supporting people with HIV/AIDS.

Learning Outcomes

By the end of the course, you will be able to:

- ✓ Describe the difference between HIV and AIDS and their prevalence within the UK and worldwide
- ✓ List the ways in which HIV is and is not transmitted
- ✓ Describe how the risks of HIV transmission can be reduced
- ✓ List the advantages and disadvantages of HIV testing
- ✓ Be aware of the impact of an HIV diagnosis on the person and their carer and loved ones
- ✓ Use a range of strategies for supporting people with HIV/AIDS

You will also leave the course with:

- ✓ A sense of achievement
- ✓ A Personal Action Plan to take your learning further
- ✓ A toolkit of techniques and practical ideas for releasing your potential

Training Style

All courses are interactive, using diverse participatory, 'brain-friendly' training methods including: exercises; games/quizzes; handouts and workbook; small/large group discussion; skills practice and trainer input.

All courses are accompanied by a **Welcome Pack** (including some essential pre-course activities to prepare for learning) and a **'Bonus Pack'** after the training with additional tools, and follow-up activities to support transfer of learning to the workplace. (*email required)

Other Courses to consider (Visit my website for details of these and other courses)

- ➔ Care Matters: Protecting Client Confidentiality and Professional Boundaries
- ➔ HIV and Mental Health
- ➔ HIV and Women
- ➔ HIV in the Workplace

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"It has been useful to discuss this topic and see how it is still relevant today.

I have learnt a lot."

Course Participant
London Borough of Newham

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